

Expressive Art Therapy



Expressive Art Therapy Services at Believe and Faith is a way to help and heal youth through the arts. This program includes individual and group sessions and site specific and community-based projects. Many areas of interest for youth include painting, urban art, photography, film making, dance, choreography, editing, production of original music, rap, spoken word, poetry, creative writing, silk-screening, fashion design, digital storytelling, face painting, theater, open mic performances, sculpture and digital media arts.